

Resident Activities
Calendar

March 2017

Gladys Roden
Senior Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Rent Due	2	3	4
5 Rent Past Due	6	7	8 Preventive Maintenance 10am-5pm	9	10	11
12 Daylight Savings Time (Begins)	13	14	15 Pest Control 1pm-5pm	16	17 St Patrick's Day	18
19	20 Spring Begins	21	22 Preventive Maintenance 10am-5pm	23	24	25
26	27	28	29	30	31	

Office Hours

Monday	9:00-6:00pm
Tuesday	closed
Wednesday	9:00-6:00pm
Thursday	closed
Friday	by appointment
Saturday	closed
Sunday	closed

The Staff

Marty Anderson	Site Manager
Tom Lich	Maintenance
Richard Frierson	Maint. Backup
Bryn Joynes	Pest Control
Richard Frierson	Lawn Care

Phone Numbers

Gladys Roden Office	931-796-7155
Lewis Cty Transportation	931-796-5558
Hohenwald City Hall	931-796-2231
Post Office	931-796-5411
Meriwether Lewis Electric	931-796-3116
Telephone Service	931-388-3550
Safe Line (anonymous)	931-380-2930
Crime Stoppers	931-381-4900

Emergency Numbers

Gladys Roden Emergency	931-279-4903
Fire Police Ambulance	911
Lewis Cty Sheriff Dept	931-796-5096
Poison Hotline	800-222-1222

Laundry Room Hours

Monday	7:00am-8:00pm
Tuesday	7:00am-8:00pm
Wednesday	12:00pm-8:00pm
Thursday	7:00am-8:00pm
Friday	7:00am-8:00pm
Saturday	7:00am-8:00pm
Sunday	7:00am-8:00pm

Plunging Toilet

Plunging the toilet is the tenant's responsibility. Residents are encouraged to purchase a good plunger for their apartment. We have a spare toilet plunger set aside in the laundry room. Please return after use.

Famous Quote

"It's the possibility of having a dream come true that makes life interesting." Paulo Coelho

Preventive Maintenance

This is a monthly reminder that preventive maintenance is on the 2nd & 4th Wednesday of the month from 10:00am to 5:00pm. This is mandatory but residents are not required to be at home if they choose.

Pest Control

Bryn from Elite Pest Control is scheduled to spray for bugs & little critters on the 3rd Wednesday of the month between 1:00pm to 5:00pm.

Birthdays in March

Rebecca, Rachel

Addictive Sweet Potato Burritos

Recipe by Karena

- 1 tablespoon vegetable oil
- 1 onion, chopped
- 4 cloves garlic, minced
- 6 cups canned kidney beans, drained
- 2 cups water
- 3 tablespoons chili powder
- 4 teaspoons prepared mustard
- 2 teaspoons ground cumin
- 1 pinch cayenne pepper, or to taste
- 3 tablespoons soy sauce
- 4 cups mashed cooked sweet potatoes
- 12 (10 inch) flour tortillas, warmed
- 8 ounces shredded Cheddar cheese

Directions

- 1)Preheat oven to 350 degrees F (175 degrees C).
- 2)Heat oil in a medium skillet and saute onion and garlic until soft. Mash beans into the onion mixture. Gradually stir in water; heat until warm, 2 to 3 minutes. Remove from heat and stir in the soy sauce, chili powder, mustard, cumin, and cayenne pepper.
- 3)Divide bean mixture and mashed sweet potatoes evenly between the tortillas; top with cheese. Fold tortillas burrito-style around the fillings and place on a baking sheet.
- 4)Bake in the preheated oven until warmed through, about 12 minutes.